

## **February Spirit Days**



## Thursday, February 1: Wear Red

Did you know that heart disease is the leading cause of death in America? Let's wear red to raise awareness.

Thursday, February 8: 100th Day of School
Let's celebrate 100 days of school! Dress like you are 100 years old.

Wednesday, February 14: Happy Valentine's Day! Wear red and pink to celebrate Valentine's Day.

Tuesday, February 20: Hat Day Wear your favorite hat!

Wednesday, February 7, 14, 21, & 28: Workout Wednesdays